



2021 Camp Confirmation Packet

Dear Parents and Campers,

I'd like to introduce our new Lacrosse and Leadership Camp for Girls to you. I have designed this camp to address a void in the growing lacrosse community. While players are spending time playing for sometimes multiple teams, there appears to be a lack of leadership and team building development. We have found the perfect facility for this camp—the Brookwood Camp site in Glen Spey, NY. This 165 acre estate offers us the best of both worlds—a top-notch training environment with several athletic fields, full indoor field-house, box lacrosse rink along with a traditional camp setting that comes complete with cabins, a brand new dining hall, lake, swimming pool and more!

At camp, we will help campers learn about being part of something - a team or cause - bigger than themselves. The camp will combine outstanding lacrosse instruction with off-field camp activities designed to promote teamwork and teach leadership skills. At the end of camp, we want all campers to not only be better lacrosse players, but also recognize how as leaders they can be more valuable to their team, their school, and their community.

On behalf of our staff, I look forward to the opportunity to meet and work with you this summer.

Best regards,

Girls Lacrosse & Leadership Camp



2021 Girls Leadership Camp

Our Mission

Lacrosse & Field Hockey Leadership is a summer camp experience where your child will have the opportunity:

- 1) To develop her lacrosse and field hockey skills.
- 2) To learn what it means to be a great teammate.
- 3) To learn how to become a more effective leader.
- 4) Finally, we will participate in several outdoor activities that will allow your daughter the opportunity

Health and Safety

We want to ensure your child a safe and positive environment during their time at camp. Campers are expected to abide by the camp rules and live by our core values. Drugs, alcohol and tobacco products are strictly forbidden and constitute, along with general misconduct, grounds for dismissal from camp without a refund.

Final Payment

Final Payments are due in our office by May 15th. Any camper with a remaining balance will be prohibited from checking into camp. We do not accept final payments at camp. Final payments can be paid via mail, over the phone, or through your online account. If you are unsure about your balance, please call us at 800.944.7112

Cancellation Policy

In the event of a camper having to withdraw prior to the start of the session for any reason, a full camp credit of all camp tuition paid will be offered if the cancellation is up to five days before camp's start date. If the camper cancels within five days of the start of camp, regardless of reason, a camp credit will be given for the amount paid less \$100. The credit is transferable to another family member and is good through the following season. There will be no credit offered for cancellations after the start of the camp session or for campers who leave camp early. Cash refunds are not offered under any circumstances.

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CHECK-IN

Arrival time is between 12-1pm on the first day at Dorm TBA. The front gates will not be open before then. Campers and families will be greeted by camp staff and directed to the appropriate check-in locations. Dinner will be the first meal served.

CHECK-OUT

Camper departure will be at 12:00pm on the final day. We invite all parents to attend the camp closing ceremonies starting at 9am on this day.

EXTENDED DAY CAMPERS

Beyond the first day, you should plan on arriving dressed and ready to play at 8:30am. Pick up times will be from 8:30pm-9pm--a schedule for daily departure will be explained at camp check-in.

HEALTH FORMS

Every camper must have the attached health history and release form filled out in order to attend camp. This form should be brought to camp and handed in at check in- **please do not mail ahead.**

[CONCUSSION INFORMATION FOR PARENTS](#)

*A physician's signature is required. If you cannot get our form signed by a doctor, you can attach a copy of any doctor-signed physical from within 3 years.

Don't Forget to Tell Your Friends!

Camp can be even more fun with a friend. Space is still available, so remember to tell your teammates to check out this session at

LaxCamps.com or **FHLeader.com**

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Checklist of Things to Bring

Below is a suggested list of items to bring to camp. We suggest that campers do not bring expensive personal items such as cameras, iPods/iPads, etc. Cell phones are allowed in the dorms and dining areas, but not on the field during training sessions. Please label every article you bring to camp. All items will be the responsibility of the camper. The camp and its staff are not responsible for lost, stolen or forgotten items.

- Health Form / COVID Waivers
- Lacrosse Stick, Field Hockey Stick, Shin guards, mouthguard & goggles
- Multi-sport athletes, bring both sets of equipment. Single Sport Athletes bring your lacrosse equipment
- Cleats, sneakers, sandals, hiking shoes
- Athletic Socks
- T-Shirts
- Shorts
- Hat
- Sweatshirt/Sweatpants (gets cold at night)
- Bedding Linens
- Blanket/Sleeping Bag
- Pillow
- Shower Towel
- Bathing Suit / Swim Towel (2 sets)
- Toiletries
- Alarm Clock
- Sunscreen/Hat
- Bug Spray
- Portable Fan
- Bring a t-shirt or tank top to tie dye

Camp Address (Drop off location)

Brookwood Camp
574 Proctor Rd
Glen Spey, NY 12737

[Campus Map](#)

