

GREAT COACHES, GREAT FRIENDS, GREAT SUMMER



**GAME
BREAKER**
LACROSSE CAMPS



**George Mason
University**

Fairfax, VA

CAMP DATES:

June 21-24

Boys Ages 6 - 16

COVID COMPLIANT

LaxCamps.com 800-944-7112 Support@LaxCamps.com

Established in 2001 - 100,000 Campers and Growing

Team Discounts

5-9 Players
\$25 off

10 + Players
\$35 off

Email for Code



Camp Location

George Mason University

Fairfax, VA
Day and Half Day
All Abilities Welcomed

Why GameBreaker Lacrosse

- Current Collegiate Players on Staff
- Run at Elite College and High School Institutions
- 8 to 1 Camper to Coach Ratio
- Specialized Instruction for All Positions
- Top Level College and High School Coaches
- Daily Contests, Prizes and Awards!

Director



Michael Spencer

- Over 12 years lacrosse of Coaching experience at all levels
- 8 years of high school experience
- Certified USL clinician
- Currently coaching as an Assistant Coach at Episcopal High school
- Runs a small lacrosse stringing company



Schedule

Morning Training Session

Developmental Stick Work
Specialized stick routines involving box and targeted fundamental drills

Individualized Training
Defense, Attack, Midfield, Goalie, Faceoff Specialist: Footwork- Situational and Spatial Awareness- Situational Dodging- Mechanics - Sliding - Positioning

Unsettled Situational Game Play
Focused on spacial awareness specific to each type of situation, 1v2, 2v3, 3v4, 4v5 and 5v6

Chalk Talk: Reviewing techniques and game theories implemented in camp


Afternoon Training Session

Grouped Position Specific Training
Defense vs Attack, Midfield vs Midfield and LSM's: Focusing on Positioning, Game IQ and Field Awareness - 1v1, 2v2, 3v3. 4v4

Game Play
7v7- Clear, Ride and Full Field Scrimmages- Camp Championship

Specialized Team Building Events
Lax Capture the Flag- Lax Maze Runner- In Addition to Other leadership Activities

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July 19-22

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Scott Conklin

- Head Coach, Episcopal High School
- 2x All-American and 1st team All Ivy League
- 2x National Champion at Princeton
- Played Professionally with the Boston Cannons and Bridgeport Barrage (MLL)
- Higginbotham Award winner for outstanding play, distinguished sportmanship, and gentlemanly influence



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