

LIFE

LEADERSHIP

LACROSSE



FOXCROFT SCHOOL



**MIDDLEBURG, VA
JULY 29TH - AUG 2ND**

AGES 10-16

Why Leadership Matters

At camp, we will help campers learn about being part of something - a team or cause - bigger than themselves. The camp will combine outstanding lacrosse instruction with off-field camp activities designed to promote teamwork and teach leadership skills

LAXCAMPS.COM

800-944-7112

SUPPORT@LAXCAMPS.COM

PARENT TESTIMONIAL

"This camp is one of a kind. The coaches taught my daughter how to be a better player and showed her the necessary steps to become a leader in all aspects of her life."

Typical Daily Schedule

8am- Breakfast
8:30am- Leadership Workshop
9:30am- Field Session (skills)
11:30am- Lunch
1pm- Ropes Course, Climbing Wall, Tie Dye
3pm- Leadership Activity
5pm- Dinner
6pm- Field Session (scrimmaging)
8pm- Camp Talent Show
10:30pm- Lights Out

OUR MISSION

- Develop as a lacrosse player and student athlete
- Learn the Meaning and Importance of Being a Great Teammate
- Cultivate and Define How to Become a More Affective Leader in All Aspects of Sports and Life

LEADERSHIP WORKSHOPS

- Defining Leadership
- Listening & Trust Exercises
- How Compassion Cultivates Leaders
- Importance of Sisterhood
- Paying it Forward