

GREAT COACHES, GREAT FRIENDS, GREAT SUMMER



**GAME
BREAKER**
LACROSSE CAMPS



Conshohocken B Field

Conshohocken, PA

CAMP DATES:

July 12 - 15

Boys Ages 6 - 16

COVID Compliant

LaxCamps.com 800-944-7112 Support@LaxCamps.com

Established in 2001 - 100,000 Campers and Growing

Team Discounts

5-9 Players
\$25 off

10 + Players
\$35 off

Email for Code



Camp Location

Conshohocken B Field

Conshohocken, PA
Day and Half Day
All Abilities Welcomed

Why GameBreaker Lacrosse

- Current Collegiate Players on Staff
- 8 to 1 Camper to Coach Ratio
- Specialized Instruction for All Positions
- Top Level College and High School Coaches
- Daily Contests, Prizes and Awards!

Director



Mark Duncan

- Former Head Coach, Shipley School
- Played at Lehigh University
- Led the nation in goals scored
- Patriot League Offensive Player of the Year
- Holds a record of 126-47 as a Head Coach
- Lehigh's all-time leading goal scorer and Preseason All-American



Schedule

Morning Training Session

Developmental Stick Work
Specialized stick routines involving box and targeted fundamental drills

Individualized Training
Defense, Attack, Midfield, Goalie,
Faceoff Specialist: Footwork-
Situational and Spatial Awareness-
Situational Dodging- Mechanics -
Sliding - Positioning

Unsettled Situational Game Play
Focused on spacial awareness
specific to each type of situation,
1v2, 2v3, 3v4, 4v5 and 5v6

Chalk Talk: Reviewing techniques and
game theories implemented in camp

Afternoon Training Session

Grouped Position Specific Training
Defense vs Attack, Midfield vs
Midfield and LSM's: Focusing on
Positioning, Game IQ and Field
Awareness - 1v1, 2v2, 3v3. 4v4

Game Play
7v7- Clear, Ride and Full Field
Scrimmages- Camp Championship

Specialized Team Building Events
Lax Capture the Flag- Lax Maze
Runner- In Addition to
Other leadership Activities