

**LIFE**

**LEADERSHIP**

**LACROSSE**



# **POCONO SPRING CAMP**



**EAST STROUDSBURG, PA  
AUG 3RD - 7TH**

**AGES 10-16**

## **Why Leadership Matters**

**At camp, we will help campers learn about being part of something - a team or cause - bigger than themselves. The camp will combine outstanding lacrosse instruction with off-field camp activities designed to promote teamwork and teach leadership skills**

**LAXCAMPS.COM**

**800-944-7112**

**SUPPORT@Laxcamps.com**



## PARENT TESTIMONIAL

**"This camp is one of a kind. The coaches taught my son how to be a better player and showed him the necessary steps to become a leader in all aspects of his life."**

## Typical Daily Schedule

8am- Breakfast  
8:30am- Leadership Workshop  
9:30am- Field Session (skills)  
11:30am- Lunch  
1pm- Paddle Boarding, Swimming, Lake Activity  
3pm- Leadership Activity  
5pm- Dinner  
6pm- Field Session (scrimmaging)  
8pm- Basketball, Box Lacrosse, Capture the Flag  
10:30pm- Lights Out

## OUR MISSION

- **Develop as a lacrosse player and student athlete**
- **Learn the Meaning and Importance of Being a Great Teammate**
- **Cultivate and Define How to Become a More Affective Leader in All Aspects of Sports and Life**

## LEADERSHIP WORKSHOPS

- **Defining Leadership**
- **Listening & Trust Exercises**
- **How Compassion Cultivates Leaders**
- **Becoming a Role Model**
- **Paying it Forward**